

Thursday, July 13, 2023

# Anthemis marítima

**Scientific name:** *Anthemis marítima* L.

**Family:** *Asteraceae*

**Common name:** Prostrate Chamomile

This plant is found in sandy or rocky areas near the sea from the south of Portugal to the Balearic Islands and Italy. Its name was given by Linnaeus and derives from the Greek word *Anthemon*, which means flower.

One of the rockery plots with plants from Mediterranean climates at La Concepción is the "Lusitanian-Andalusian-coastal", in which sand has been used as a substrate, in order to resemble to some extent the ecosystem it is intended to represent. Among other coastal species, this is where we can find a mass of this beautiful daisy.

Prostrate Chamomile is a perennial shrub of no more than half a metre with a woody base. It has fine creeping stems that are rooting, then ascending. The leaves are somewhat fleshy and may be entire or sharply divided, covered with hairs and glands on the underside. At the end of the stems are the inflorescences, the typical daisies of the Asteraceae family. These flower heads or flower heads have very small flowers on the central disc, in our case a few millimetres long and yellow in colour; the outer ones have a large petal or ligule, in this case white in colour. It flowers and bears fruit between spring and summer.

